

Basics for Health Navigator Program: Volunteers Needed

Help improve health outcomes for individuals and families while gaining meaningful and valuable health care experience by volunteering for Basics for Health at Reach Community Health Centre!

Role Description

In collaboration with health care and social service providers, Basics for Health volunteers assist individuals and families with meeting their needs for housing, employment/income security, healthy child development, food security, education and social support as needed. Volunteers will provide support to clients through information/resource provision, referrals, advocacy and follow-up while working with other volunteers to maintain an efficient service.

Responsibilities

As a compassionate, dedicated individual with interest and/or experience in the health care setting, you will:

- Interact with clients/members, volunteers, and staff in a respectful and empowering manner
- Conduct assessments to provide support and resource referrals in accordance with program policy and procedures
- Consult and debrief with staff regarding challenging interactions
- Adhere to provincial standards with regards to client confidentiality and privacy
- Participate in regular skill development training and team-building meetings

Personal and Professional Development

Throughout your involvement with Basics for Health, you will:

- Gain experience assisting individuals and families with real concerns/needs
- Contribute to making a significant impact on the health outcomes of individuals and families
- Receive skills training (communication and interpersonal skills, referral skills, documentation skills, boundary setting)
- Become educated about the social determinants of health
- Have exposure to opportunities for networking with health care and social service providers and organizations
- Obtain a reference letter for academic or employment purposes after satisfactory completion of training and 100 volunteer hours



Minimum requirements/ Qualifications:

Basics for Health volunteers are/have:

- Reliable; non-judgmental; open to learn, share and receive feedback; committed to supporting individuals and families achieve better health outcomes
- Proficient in speaking and writing English, a second language is an asset
- Comfortable and competent using computers
- Successfully completed basic training
- Successfully completed a criminal record check

Time Commitment

To volunteer as a Basics for Health Navigator, you must:

- Commit to a minimum of 8 months of involvement beginning in August/September
- Complete at least two shifts per month; shifts are Monday -Thursday 1:30pm-5:00pm and Friday 9:30am-1:00pm
- Attend 2-3 **mandatory** training sessions these sessions will take place within the last week of July 2017, during weekday evenings and/or weekend days. Dates TBD.
- Attend skill development and team building meetings every 3 months (approximately)

Supervision:

- Volunteers will work individually or in pairs on shift
- Staff on site, though volunteers must be comfortable working independently

Those who are bilingual or multilingual, particularly Cantonese, Mandarin, Vietnamese, Spanish, Russian and/or French speaking are encouraged to apply.

Please submit your resume to Allie Stephen at <u>b4hcoordinator@reachcentre.bc.ca</u> with the subject line <u>Basics for Health Volunteer Application</u> by July 12, 2017 at 4:00pm. A follow-up application form will be sent to shortlisted applicants.

We look forward to hearing from you!