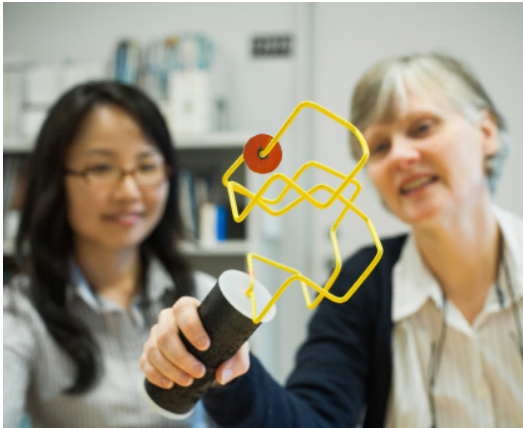


# Health through Independence

Are you interested in enabling people to live a meaningful life? Are you passionate about working with others to achieve their goals? Are you looking for a career that is consistently challenging and involves life-long learning? Occupational therapy may be the career for you. Occupational therapy is an essential health service, which enables people to participate in the “occupations” of daily life — work, school and play. Whether it is in the home, hospital, community, school or private practice, occupational therapists are dedicated to helping people achieve independence, meaning and satisfaction in all aspects of their lives.



## Occupational Therapy Facts

<http://osot.ubc.ca/about/programs/masters-of-occupational-therapy/>

- ▶ The Master of Occupational Therapy (MOT) program is a full-time, two-year professional master’s degree program, and the **only occupational therapy degree program in British Columbia**.
- ▶ **UBC’s MOT program is one of the smallest in Canada**, and we pride ourselves on our one-on-one approach with students.
- ▶ A career in occupational therapy provides **endless employment opportunities**. With a shortage of occupational therapists across B.C. and Canada, graduates of the MOT program are in high demand.
- ▶ **Award-winning faculty members**, clinical faculty and associate members come from a broad range of backgrounds, and are among Canada’s top scholars and leaders in the field of occupational therapy.
- ▶ Our **innovative curriculum** integrates the latest evidence with contemporary theories and practical experiences established in health care and emerging community settings.
- ▶ The program is delivered in partnership with fieldwork sites throughout B.C. and, over the course of the two-year program, you’ll gain **hands-on, professional experience** through five different placements, totally nearly **1000 hours of fieldwork**.
- ▶ The MOT program **prepares graduates to be creative, self-directed, lifelong learners** who use theory, evidence and critical thinking skills to maintain, evaluate and improve the practice of occupational therapy.

## Student Profiles

Looking to find out what it’s like to be a Master of Occupational Therapy student at UBC?

Visit our website to hear what some of our former students have to say.

<http://osot.ubc.ca/prospective-students/>



*Occupational science is the study of human occupation: what, how, and where people engage in the activities of everyday life. Occupational therapy is all about supporting people to engage in the occupations that define their lives. UBC's Master of Occupational Therapy program is committed to giving the next generation of occupational therapists the tools they need to help clients realize their potential. Our researchers are known, both nationally and internationally, for their innovation and leadership in the field, and their research has helped enable people of all abilities to engage in life — from young children learning through play, to older adults using rehabilitation technology to support full participation in their communities.*

— Dr. Catherine Backman, Professor and Department Head

## Research Strengths

UBC's MOT program is housed within the Department of Occupational Science and Occupational Therapy. The Department is dedicated to building the research capacity of emerging researchers at all levels of graduate education.

The MOT program is a professional degree, with curriculum based on a combination of coursework and field placements. While no thesis is required for completion, under the guidance of academic or clinical faculty, you'll advance your academic skillset by conducting a small-scale research project with a fellow student. In your final year, you will have the opportunity to showcase your research at a student-led conference, with the option to submit to national and international scholarly meetings.

Past students have pursued diverse areas of research, including:

- ▶ The use of virtual reality among children with autism;
- ▶ The utilization of dynamic seating during daily wheelchair use;
- ▶ The role of community gardening on well-being;
- ▶ Stroke recovery through the eyes of young survivors using photovoice.



## Admissions

Graduate & Postdoctoral Studies establishes common minimum admission requirements. For additional requirements required by the MOT program, please refer to the OSOT Departmental website for details.

Applications for the MOT program are accepted every year from November 1 to February 1 of the following year.

## Contact

[mot.admissions@ubc.ca](mailto:mot.admissions@ubc.ca)

<http://osot.ubc.ca/prospective-students/application-procedures/>

## Financial Support

MOT students are eligible for a variety of funding opportunities — including fellowships and internal awards. Please visit the OSOT Department website for more information on awards, scholarships, and bursaries.

<http://osot.ubc.ca/prospective-students/awards-scholarships-and-bursaries/>

## Grad School @ UBC

UBC offers over 130 master's and doctoral degree programs in nearly every academic field imaginable.

Discover more. [www.grad.ubc.ca](http://www.grad.ubc.ca)

## The University of British Columbia

The University of British Columbia is a global centre for research and teaching, consistently ranked among the 40 best universities of the world. Surrounded by the beauty of the Canadian West, UBC embraces bold new ways of thinking that attract exceptional students and faculty. It is a place where innovative ideas are nurtured in a globally connected research community, providing unparalleled opportunities to learn, discover and contribute.