



## WFOT 2014 in Japan

Many years ago, when I was studying occupational therapy in Liverpool, England, our program director told us that if we ever had the chance to go to one of the World Federation of Occupational Therapists' Congresses - held every four years - then we should seize the opportunity, because these congresses were, quote, "tremendous fun". At the time, this seemed to me to be a rather bizarre claim, but having attended three WFOT Congresses I am now in a position to support this assertion.

In traveling to Yokohama, Japan, to attend the 16<sup>th</sup> International Congress of WFOT, I was inordinately fortunate to be accompanied by Seiko Watanabe, a Japanese-Canadian, my good friend and

an occupational therapist from Prince George, BC, whose considerable abilities as tour guide and translator enabled me to experience and understand dimensions of Japanese culture that I would otherwise have missed. Sleeping on a futon on a traditional tatami mat floor, kneeling at low tables to eat multi-course Japanese meals and bathing in traditional, communal style were some of my new experiences (all positive!). We spent some days staying with a member of Seiko's family in Tokyo, and after the Congress traveled by bullet train past bamboo forests, rice and tea fields to Kyoto and Nara, visiting awe-inspiring Zen gardens and extraordinary Shinto and Buddhist temples. I have returned with nearly 500 photographs of this stunningly beautiful country.

The WFOT Congress was the largest ever, with over 5,000 delegates and simultaneous translations occurring between Japanese and English. The Japanese Emperor was in attendance at the opening ceremony, and a subsequent keynote lecture was delivered by the Japanese writer Kenzaburo Oe, winner of the Nobel Prize in Literature. As a Canadian occupational therapist, it was a remarkable opportunity to be able to listen to the experiences and ideas of occupational therapists from countries as diverse as South Africa, Sweden,

Slovenia and Iran, and to be able to present a paper based on my own work in a session that also included speakers from Japan, the UK and Chile.

And yes! It was fun: meeting up with international colleagues I had met in Santiago, Chile at the 15<sup>th</sup> congress, attending presentations by people whose work I particularly admire, socialising with CAOT members and friends from across Canada, and interacting face-to-face with some of my email contacts from across the globe. My ideas have been challenged, my horizons have been broadened, and I can hardly wait for the 17<sup>th</sup> International Congress of WFOT, in Cape Town, South Africa, in 2018.

It will be fun! Plan to be there!



Karen Whalley Hammell,  
Honorary Professor

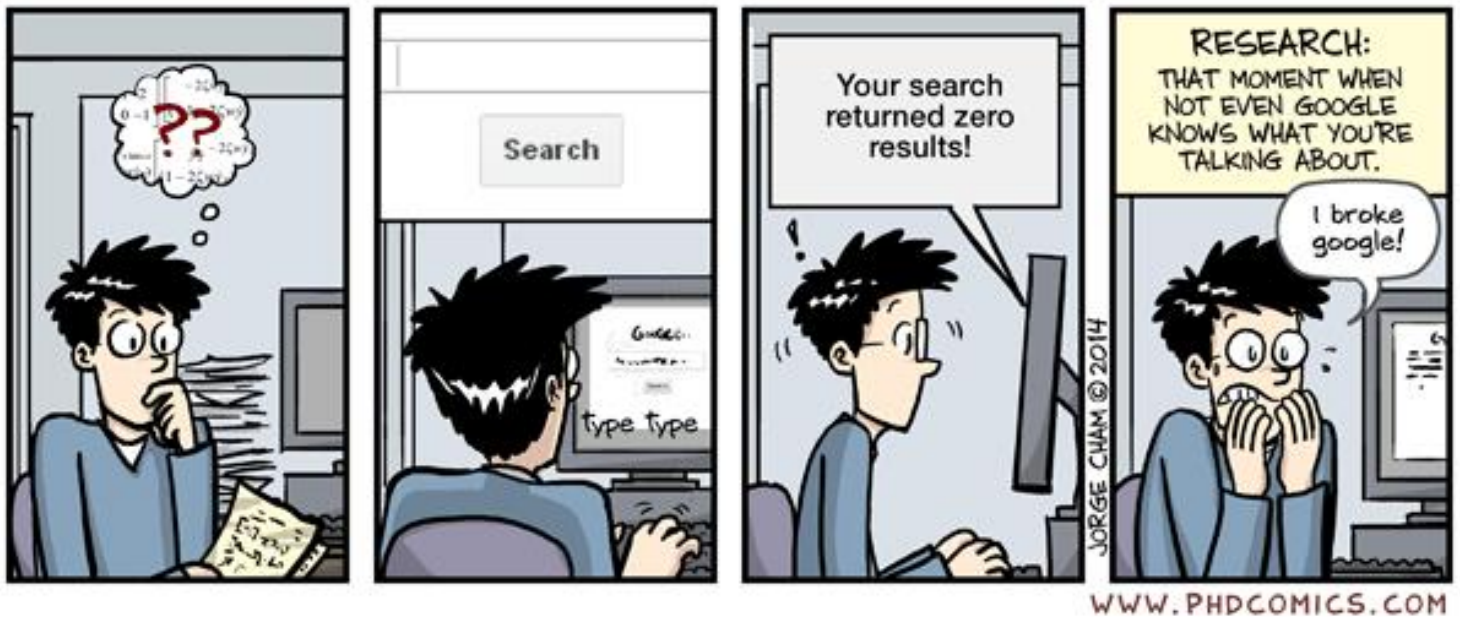


A pagoda in the southern Higashiyama hills of Kyoto



Kinkaku-ji - Kyoto's Golden Pavillion;

## Our Students



### Capstone Conference 2014

August 28, 2014 8:30—4:00  
Vancouver Public Library—Central Branch

#### Enhancing Collaborative Communities

Keynote Speaker: Paulette Bourgeois  
Faculty Speaker: Michael Lee

[capstoneconference.ca](http://capstoneconference.ca)

A student-led conference to showcase MOT research

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CONGRATULATIONS

**MOT CLASS OF**

**2014**



# Alumni and Clinical Faculty

**Heather Lyons**, MOT Class of 2013, is a member of the research team featured in **The Clinical Teacher 2014**. Heather, with team members Angela Towle, Hilary Brown, Chris Hofley, and R Paul Kerston, contributed to the paper "The Expert Patient as Teacher: an interprofessional health mentors programme". For a look at their paper, click here: <http://gallery.mailchimp.com/fac79d13d2e53bf8ec42632d1/files/1510b44d-62c7-4549-aff7-659cc9edff91.pdf>

## Congratulations



### **Lori Roxborough**

Clinical Associate Professor, UBC and Associate Director, Therapy Services, Children's & Women's Health Centre of BC, Sunny Hill

Lori has been named the **PHSA Health Care Hero** for 2014. Click the link below to watch a short video outlining her long and successful career.

<http://www.youtube.com/watch?v=nP2BQppgNsQ>

## 2014 Clinical Faculty Promotions

For their continuing contributions to the Department, the following clinical faculty members have been promoted effective July 1, 2014.

Warm thanks and congratulations are extended to:

**Heather Boyes**, Clinical Assistant Professor  
**Heather Burrett**, Clinical Assistant Professor  
**Krista Carwana**, Clinical Assistant Professor  
**Emmeline Chang**, Clinical Assistant Professor  
**Mary Clark**, Clinical Associate Professor  
**Judith Dueck**, Clinical Assistant Professor  
**Christine Lefaivre**, Clinical Assistant Professor  
**Andrew Neale**, Clinical Associate Professor  
**Les Smith**, Clinical Assistant Professor  
**Kevin Waldorf**, Clinical Assistant Professor

## Featured In Print

*The Functional Capacity Evaluation: A Clinician's Guide*, was recently CAOT's monthly book feature. **Irene Chappell** and **Alison McLean**, both clinical assistant professors, wrote this text with their colleagues Alison Henry, Mary Richardson, and Munirah Jasmine Shivji (CAOT Publications 2006). The text is now available as an ebook as well as print copy.

## Well done Christine!

**Christine Lefaivre**, Clinical Assistant Professor, has lately released her textbook: **Traumatic Brain Injury Rehabilitation: The Lefaivre Rainbow Effect** and has been featured in the spring edition of [\*Headline\*](#).



## With the MRSc ...

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To learn more about our grads' work: [Workplace Research Abstracts](#)

## 2014: Our 10th Anniversary Year

# UBC Online Master of Rehabilitation Science (MRSc)

## CONGRATULATIONS TO OUR MRSc GRADUATES!

On May 20, 2014, 12 graduates joined the ranks of Masters of Rehabilitation Sciences alumni. Learn more about our grads work: [workplace research abstracts](#) and how our recent program evaluation confirmed the MRSc [research to practice link](#)



Back row: [Jan Chan](#) (Dietitian), [Sarah Sinanan](#) (OT), [Karen Barclay](#) (OT), Ardith Richter (OT) and Janet McLennan-Lundie (PT) Front row: Maylinda Urbina (PT) and Shelagh Smith (OT). Graduates unable to attend the reception: Tamie Aubin (PT), Christine Gregoire Gau (OT), Cynthia Hunter (PT), Helena Jung (OT), and Joanne Pady (Athletic Therapist)

## It's time... Your Master's is Just a Click Away!

Check out course-based and research study options at [www.mrsc.ubc.ca](http://www.mrsc.ubc.ca) or email us at [info@mrsc.ubc.ca](mailto:info@mrsc.ubc.ca)

**MRSc:** Apply by April 30 for September entry; September 30 for January entry

**GCR:** May 15 for September entry; October 15 for January entry



# Staff News

The O Team, consisting of OSOT staff and faculty, competed at UBC's annual Staff and Faculty Sports Day <http://www.recreation.ubc.ca/sportsday/> May 2, 2014. With dozens of fun events to choose from, our hearty representatives competed in Zumba, Yoga, a blind giant Jenga, a relay obstacle course, and a bouncy castle race, finishing somewhat near the bottom among scores of entries, and then scarfing down a healthy lunch. We congratulate The O Team for demonstrating good health practices such as getting away from meetings and desks, for modelling good work-life balance, and for ramping up the fun quotient in the name of occupational therapy!

In other news, your intrepid editor regrets to announce that this will be her last edition of the OT Lens. **Heather Swallow**, Departmental Assistant since 2009 and the contact for Clinical Faculty members for the past three years, has accepted a position with UBC's School of Nursing as Faculty and Communications Assistant. It has been a pleasure to work with the Department of OSOT, especially because everyone is so game to support one another in all we do (see below). Fortunately, with a new desk just down the hall, we're sure to keep running into each other.



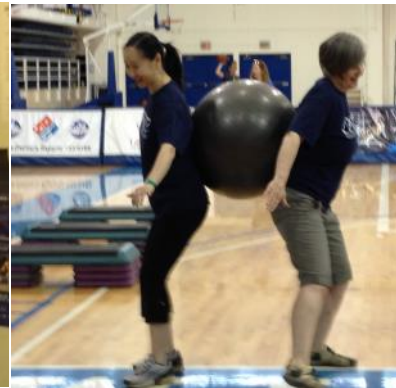
Heather Swallow, Tracy Strauch, Kathryn Lewis, Cynthia Hsieh, and Tal Jarus are the O Team



The O Team and others shake it up in a Zumba event



Tracy and Cynthia take a water break while waiting for yoga to start



Heather and Cynthia work through the relay



Tal waits her turn to choose a Jenga tile.



Kathryn is a bouncy castle fanatic.



Crossing the Start/Finish line.

## Fieldwork News

We know there are many personal benefits to being an OT Fieldwork Educator (Preceptor), such as development of your teaching skills, provides an opportunity for you to get some resources developed, allows you to be more explicit with your clinical reasoning processes; keep you up to date on current theory and contributing to the development of the future workforce. Now, we are pleased to offer you a discounted rate on selected UBC Continuing Education Courses. I hope you find the time or opportunity to take advantage of this offer as a small thank you for all you do for the Occupational Therapy program.

### UBC Continuing Studies

## Become a Leader in Collaborative Practice

Benefit from a new series of courses focusing on improving health care practice developed by the UBC College of Health Disciplines and UBC Continuing Studies. Taken individually or as part of the **UBC Certificate in Collaborative Practice for Health Professionals**, these practical courses include in-class and online learning targeting working professionals across all health disciplines.

- Communication for Collaborative Care – *starts September 18*
- Performing as an Effective Interprofessional Team – *starts October 2*
- Collaborative Leadership in Health Care – *starts November 6*
- Putting Patients at the Centre of Care – *starts November 28*
- Managing Conflict Collaboratively – *starts January 30, 2015*

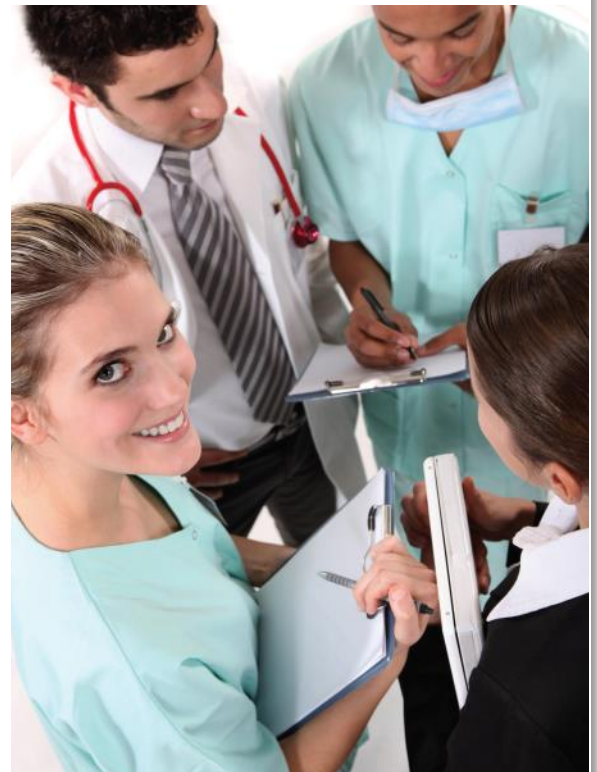
Interprofessional collaboration is essential to reduce errors, increase efficiency and ultimately improve patient care. Connect the learning to your practice in each course and increase your ability to engage successfully with other professionals, patients and families to improve health outcomes.

#### Program highlights

- Flexible, part-time learning schedule with workshop and online components
- A wide range of elective courses including leadership, practice education and direct practice strategies
- Course content grounded in a patient-centred approach with guidance from a Patient Advisory Committee

**15% discount on all courses in appreciation of your role as a preceptor to UBC students. Discount Code: CPHP15**

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**604.827.4234**



In collaboration with



## Focus on Faculty

### Improving Scooter Skills and Enabling Participation with Systematic, One-to-One Training

**Dr Ben Mortenson**, Assistant Professor in the Department of Occupational Science and Occupational Therapy is beginning a vital project to improve users' scooter skills, prevent accidents, and improve their social participation.

The prevalence of older Canadian adults with mobility problems is increasing because of population ageing. Powered mobility scooters are a common way for older adults to



navigate and interact with their physical environment. Unfortunately, most scooter users receive little more than rudimentary instructions. As a result, scooter-related accidents are common occurrences and may cause serious or fatal injuries to their users and/or others.

To improve scooter related-outcomes, Dr. Mortenson has launched a program of research in this area, which has three main projects. First, Dr Mortenson is currently evaluating the measurement properties of a variety of new scooter related measures, which will be used in research future studies. Second, with graduated Master of Occupational Therapy students Rosie Higgins and Emily Hoag and front line clinicians Linda Joyce and Richelle Emery, he has completed a survey of various stakeholders about the perceived importance of scooter training, and the format and content of training that they recommend. Third, this

information has been integrated into a novel community based scooter-training program. This Systematic, Comprehensive, One-to-One Training (SCOOT), utilizes trainer-facilitated problem solving to identify strategies to manage environmental barriers and to enable better user participation. We have submitted for funding for a study to evaluate the efficacy of SCOOT. We anticipate that by training users to use their scooters in their communities, we will be able to improve their skills, decrease accidents, improve their mobility and confidence and facilitate their social participation, which will improve the quality of their lives and the lives of those around them.

If you would like more information about Dr Mortenson' research, or would like to participate in one of his studies please contact Naomi Bartz at [nbartz@mail.ubc.ca](mailto:nbartz@mail.ubc.ca) or 604-714-4108.



**Ben Mortenson,**  
Assistant Professor

### Michael Smith Scholar Award Announced



**Jill Zwicker,**  
Assistant Professor

**C**ongratulations to **Jill Zwicker** on receiving a Michael Smith Scholar Award in the Clinical Research category for her work on "Increasing awareness and improving outcomes of children with developmental coordination disorder in BC."

There were over 120 highly competitive applications in this competition and Jill is one of 32 successful Scholars, which speaks to both the importance of her research and the calibre of her grant-writing skills (and maybe a touch of thanks to the wisdom of her reviewers). [View the full list of 2014 Scholar award recipients](#)

### New Faculty Member joins OSOT



**Katie Lee Bunting,**  
Lecturer

**K**atie Lee Bunting joins the OSOT faculty this month as part time lecturer. Katie's full [announcement](#) can be found on our website.

**Welcome  
Katie!**





A view of the port of Yokohama, Japan, site of the 2014 congress of the World Federation of Occupational Therapists. The photo is from the hotel, with main congress hall seen below.

Photo: K. Whalley Hammell

**The Department of Occupational Science & Occupational Therapy supports three graduate academic programs.**

- The Master in Occupational Therapy (MOT) program, for those looking to practice professionally as an Occupational Therapist;
- The Master of Science (MSc) and PhD programs in Rehabilitation Sciences, for those interested in research credentials and the science of occupation; and
- The online Master of Rehabilitation Science (MRSc) is for practitioners interested in obtaining a graduate degree while working that will advance their career and change practice.



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os.ot@ubc.ca

Watch the OSOT Highlight Video on



T325 2211 Wesbrook Mall  
UBC Hospital - Koerner Pavilion  
Vancouver, British Columbia  
V6T 2B5  
Phone: 604.822.7392  
Fax: 604.822.7624