



a place of mind

THE UNIVERSITY OF BRITISH COLUMBIA

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Newsletter of  
The Department of Occupational Science & Occupational Therapy

April 2013

## New Appointment for Bill Miller

After a 12-month sabbatical that ended in January, Bill Miller has returned to OSOT with an eye to bigger things as indicated by this recent announcement from the Faculty of Medicine, which is “pleased to announce the appointment of **Dr William Miller** as **Associate Dean, Health Professions Education** effective March 1, 2013.”

Bill first joined our department after obtaining his undergraduate degree in Occupational Therapy at UBC, going on to graduate studies in OT and Epidemiology and Biostatistics at the University of Western Ontario, and

finally completing his post-doctoral fellowship in Rehabilitation Sciences. Here he remains a professor as well as principal investigator in research studies that “focus on the measurement, determination and epidemiology of mobility disability and its influence on the participation in daily and social activities of adults.”

As “AD HPE”, Bill will “provide strategic leadership to the health profession education programs within the Faculty of Medicine in an effort to fulfil the Faculty’s commitment to

Transformative Learning.” As part of that mandate, Bill “ensures that resources are optimized across the health professions and that cross-cutting education

themes identified in the Strategic Plan are embedded in the Faculty’s educational programs.”



**Dr William “Bill” Miller**  
Associate Dean, Health Professions Education

We welcome Bill back to our halls in all of his roles!

For the full Faculty of Medicine (FoM) announcement in PDF form click [here](#). And click [here](#) for the full FoM news article.

## Many Thanks

Twenty thirteen has arrived with a bang and we’ve been racing ever since. Now it’s time to take a breath and extend thank yous to everyone who has helped move the department toward completion of several projects.

Thank you to everyone who took the time to participate in the **admissions interviews in February**. Rehana Frankland, MOT Program Director, leads this well-planned and organized process. If you missed it this year,

she will be extending another invitation to join the fun in 2014. Meanwhile, our thanks to everyone who played their part, whether directing a nervous student

to the office, welcoming interviewers and interviewees, conducting the interviews, or pitching in wherever necessary to keep everything running well.

Thank you to everyone who contributed to the **CAOT Academic Accreditation Self-Study Report**, which runs 105 pages, plus 3 volumes of appendices. It’s like writing a thesis, and a few of you remember what that was like! We should have a preliminary report from CAOT before summer. The on-site visit takes place October 7-9, 2013. We could not have completed this project in a timely manner without special effort from **Sue Forwell** and **Kathryn Lewis**, plus a cast of thousands...well, maybe dozens, who tracked down and organized facts and figures, documents and procedures.

The Faculty of Medicine was invited by the provincial government to submit an

integrated proposal for expanding enrolment in four health professions, including occupational therapy. Thank you to everyone who has contributed ideas for responding to this request. Catherine Backman was in Prince George February 25 to meet representatives at UNBC, the northern and rural cohort program in physical therapy, and occupational therapists across the northern region in person or via videoconference. There is excitement regarding the proposal in order to enhance occupational therapy health human resources, tempered by the fact that a proposal is not a commitment for funding to proceed. It is anticipated the proposal will be submitted in April.

That’s a lot of work, and that’s all in addition to the bread & butter of our operations - so **thank you** to everyone who just kept on teaching, instructing, advising, mentoring, researching, writing, responding ... and getting the job done. It simply wouldn’t happen without you.



# UBC Master of Rehabilitation Science (MRSc) Continues to Impact Care and Shape Practice

With an MRSc degree more leadership opportunities are available to you, such as expert practitioner, clinical educator, practice lead, healthcare manager, or consultant in program evaluation. Visit our new website at [www.mrsc.ubc.ca](http://www.mrsc.ubc.ca) to find out more about our learners and the impact they are making on rehabilitation practice.

**It's time to....**

**Change your thinking...**



**Change your view...**



**Change practice.**



**Learners and Alumni to Showcase Their Work at 2013 CAOT Conference**

The UBC Master of Rehabilitation Science is well represented at this year's Canadian Association of Occupational Therapists Annual Conference which takes place in Victoria BC from May 29-June 1. Papers and posters reflect major project research and additional studies conducted post-MRSc. Here is a list of known presenters. *Congratulations to all!*

**Anne Marie Bishop (Graduates in May)**

Paper presentation: *Discharge and supportive discharge criteria for Canadian Dementia care units*  
Authors: Anne Marie Bishop (Alberta Health Services, Blairmore) Ben Mortenson

**Heather Burrett (Fall 2011 Grad)**

Paper presentation: *Geriatric consult outreach team: Innovative ADL engagement in acute care.*  
Authors: Heather Burrett (Providence Health Care, St. Paul's Hospital, Vancouver) Sandy Leznoff, Christine Schiller, Gagan Toor, Tara Witham, Erline Wong-Sing

**Kim Durlacher (Current Learner)**

Poster Defense: *Thinking of pursuing a master's degree? Practical applications*  
Authors: Kim Durlacher (BC Children's Hospital)  
Poster Defense: *Application of a collaborative framework: Development of the Sup-Er Splint*  
Authors: Kim Durlacher, Cynthia Verchere, Doria Bellows

**Kim Mullens (Fall 2012 Grad)**

Poster Defense: Clients' perception of recovery-oriented services in a forensic mental health institution  
Authors: Wafa Chaudhary, Teri-Ann McKenzie, Colleen Good, Kim Mullens

**Research Relays are back. They're free and if you can't attend, listen to the archive. Visit: [www.mrsc.ubc.ca](http://www.mrsc.ubc.ca) and choose Research for You.**

# Congratulations to our Latest Master of Rehabilitation Science Graduates

Abstracts of their research will be posted on our website closer to their May graduation.

## Marie-Belle Adrao

**Occupational Therapist, Church Point, Nova-Scotia**

Major project supervisor: Dr. Chris Carpenter  
*Driving Cessation and Evaluation Processes*

## Sonali Bera

**Physical Therapist, Humboldt County, California**

Major project supervisor: Dr. Chris Carpenter  
*A Survey on Vestibular Rehabilitation Practices in Humboldt County, California*

## Anne Marie Bishop

**Occupational Therapist, Blairmore, Alberta**

Major project supervisor: Dr. Ben Mortenson  
*Admission, Discharge and Follow-up Support for Dementia Care Units*

## Irene Borecky

**Athletic Therapist, Langford, BC**

Major project supervisor: Sue Stanton  
*Management of Non-Specific Chronic Back Pain by Female Rugby Players*

## Glenn Cashman

**Chiropractor, Vancouver**

Major project supervisor: Dr. Ben Mortenson  
*Acetabular Labral Tears and Myofascial Hip Pain: A Single Subject Research Design*

## Jill Hooper

**Physical Therapist, San Diego, California**

Major project supervisor: Dr. Donna MacIntyre  
*Physiotherapy Management of Knee Osteoarthritis in the Canadian Forces*

## Alison Koci

**Recreation Therapist, Vancouver**

Major project supervisor: Dr. Colleen Reid  
*Wellness Perceptions of Clients with Serious Mental Illness*

## Jennifer Lynch

**Massage Therapist, Guelph, Ontario**

Major project supervisor: Dr. Chris Carpenter  
*A Qualitative Study of Registered Massage Therapists' Experiences in Providing Cancer Care*

## Sean McIntosh

**Physical Therapist, Guelph, Ontario**

Major project supervisor: Dr. Lesley Bainbridge  
*The Elderly Mobility Scale: Exploring its use as a discharge planning tool in acute care*

## Sherry Mitchell

**Occupational Therapist, Prince George, BC**

Major project supervisor: Lori Roxborough  
*Effectiveness of a Motor Skills Group for Preschoolers with Developmental Delay*

## Cheryl Lynn Sabarre

**Occupational Therapist, Vancouver**

Major project supervisor: Dr. Jill Zwicker  
*Vincristine and Fine Motor Skills of Children with Acute Lymphoblastic Leukemia (ALL)*

## Tracey Thompson-Franson

**Occupational Therapist, Sidney, BC**

Major project supervisor: Dr. Lesley Bainbridge  
*Tertiary Seniors Mental Health Rehabilitation: One Team's Views*

**It's time... Your Master's is Just A Link Away!**

From the list of grads above you can see that the pursuit of a Master's degree fosters professional networks across the country and around the world that continue long past graduation.

View details at [www.mrsc.ubc.ca](http://www.mrsc.ubc.ca) or email [info@mrsc.ubc.ca](mailto:info@mrsc.ubc.ca).

# Health and Fun on Agenda at Healthy Athletes Vancouver Event!

In February, MOT students Catherine Lund, Renee Withers, Steph Crozier and Stephanie Davidson volunteered to assist at a healthy athlete screening fair for Special Olympics athletes. "The event was very organized and professional," says Ms. Davidson. "We were thoroughly impressed by the volume of athletes that came through and the variety of professional services they had access to. The athletes demonstrated feelings of empowerment, motivation, and pride throughout their experience. It was a wonderful thing to be a part of and has inspired my involvement in further Special Olympics events in the future." Colleen Foster, a second year medical student who, with classmates, organized the event, provided us with further detail:

## The VOLUNTEERS!

The screenings and the event as a whole benefitted significantly from the support of the four UBC Occupational Therapy students that signed up to volunteer at the event. Their assistance with the screenings was invaluable, particularly at the Anti-Smoking, Fit Feet, Hydration and Sun Safety stations. They carried on a much-appreciated three-year-old tradition of UBC student leadership with this event. The practitioners and all volunteers who gave their time to the event made it a fun and welcoming environment for all, which is much appreciated and can be much more conducive to drawing out untreated issues.

## The EVENT!

Surrounded by the hive of Healthy Athletes activity that was Notre Dame Regional Secondary School on Saturday, February 23, Special Olympics BC - Langley parent and volunteer Gaston DuPaul said the day was "extremely valuable" and fun for all.

Gaston's daughter, longtime SOBC athlete Karina, and her fellow SOBC

Langley athletes were among approximately 150 individuals with intellectual disabilities who took part in the third annual SOBC Healthy Athletes Screening Day in Vancouver, going through rooms full of free health screenings in five disciplines, fun and interactive activities, and free giveaway items.

"To me, this is a very good thing," Gaston said. "Karina is being checked all the time, but there are some things that aren't done regularly... and sometimes some [individuals with intellectual disabilities] don't go to the doctor very often."

Among the useful outcomes of the day for Karina, the Healthy Hearing screening led to a referral to an audiologist, because there was something that couldn't be measured

(podiatry), Healthy Hearing (audiology), Health Promotion, Special Olympics Lions Club International Opening Eyes (optometry), and Special Smiles (dentistry).

Led by professionals who have received specific training to help them ask the right questions to support and draw out issues with Special Olympics athletes, the screenings frequently lead to referrals back into the health care system that ensure the individuals will get the treatment they need. Many athletes and caregivers have been surprised to go through Healthy Athletes screenings and find health issues that have gone undiagnosed through regular channels.

Gaston also said he appreciated that



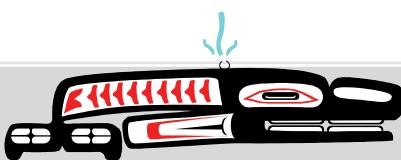
Volunteers at the Special Olympics event held February 23, 2013

that the practitioner suggested they follow up on, Gaston said.

Open to SOBC athletes and individuals with intellectual disabilities not involved in programs, the Vancouver Healthy Athletes event offered screenings in five disciplines: Fit Feet

the event was another opportunity that brought together SOBC athletes, coaches, and volunteers from Locals around the Lower Mainland.

"It was very, very good," he said of the experience overall.



September 25, 2013

We'll meet you under the whale at the  
Beatty Biodiversity Museum  
(where the Huts used to be)  
To celebrate the centenary of  
**Margaret Hood**

Instrumental founder of the School of  
Rehabilitation Medicine at UBC

Invitation and details to follow.

Share a favourite memory of  
Miss Hood by sending your thoughts  
to [osot.events@ubc.ca](mailto:osot.events@ubc.ca)



*At Hood with patient  
at Roman Way  
Convalescent Hospital*

## Faculty Members Awarded Teaching and Learning Enhancement Funds

**H**ats off to three of our faculty members whose bids for TLEF funding have been granted.

**Donna Drynan's** project, titled “Bridging the gap between theory and practice: Implementation of T-RES for occupational therapy fieldwork placements,” will design, pilot and evaluate a web-based tool that allows students to record their daily patient encounters and reflect on these learning experiences while in the placement setting.

**Tal Jarus's** project will develop and test a **Personalized Accessibility (PA) Plan** for students with disabilities in the health and human service disciplines. The two-phase project will identify specific factors and strategies that can assist students with disabilities to fully participate in university professional programs.

**Mike Lee's** project, “Building Synergy in Promoting Mental Health Awareness Across Campus Using a Student-Led Participatory Action Approach” is a continuation of the work done by the Mental Health Awareness Club (MHAC) established in 2010. Using a participatory action approach, this project will identify if and how stigma affects students’ lives, and engage students to better inform initiatives aimed at improving students’ mental health awareness, their health and academic success.



Save the Date!  
Capstone Conference  
August 29, 2013 at the  
Vancouver Public Library  
Central Branch.

## SOLUTIONS EXPO

Thursday, April 18th, 2013  
at the GF Strong Rehab Centre



## Fieldwork Notes

Welcome to our recent appointees to the rank of Clinical Instructor:

Nicole Nybo, Roslyn Livingstone, Sandra Hartney, Kathie Marina, Salim Janmohamed, Karen Barclay, Sasha Bossley, and Nicole Wilkins.

We will be hosting a full-day **Fieldwork Educators Workshop** on **Monday April 29, 2013** from **9:15 am to 4:00 pm** at the P.A. Woodward Instructional Resources Centre at UBC. This workshop is superb for preparing the therapist who has not educated a student and is valuable for the seasoned fieldwork educator in updating and validating problem-solving skills used to meet the challenges of clinical education. For more information, or to register for the workshop, please contact Sarah Henderson at [sarah.j.henderson@ubc.ca](mailto:sarah.j.henderson@ubc.ca) or visit our website at <http://osot.ubc.ca/fieldwork/clinicians/workshops/#seven>.

The 'Fieldwork' section of our website, <http://osot.ubc.ca/fieldwork/clinicians/>, has a variety of resources and tools available for clinicians and preceptors. The Competency-Based Fieldwork Education forms are available at [http://video.med.ubc.ca/videos/osot/fieldwork/strategies/UBC\\_OT\\_Evaluation\\_Tools\\_Forms.doc](http://video.med.ubc.ca/videos/osot/fieldwork/strategies/UBC_OT_Evaluation_Tools_Forms.doc), and information about our free Fieldwork Educators Workshops can be found at <http://osot.ubc.ca/fieldwork/clinicians/workshops/>.

### 2013 Annual Interprofessional Clinical Educators Workshop



The UBC College of Health Disciplines is pleased to offer an online video recording of the 2013 Annual Interprofessional Clinical Educators Workshop. The topic for this year's workshop, held on January 22, 2013, was *Proactive communication and conflict management strategies: Effective preceptor-learning interactions*.

A video recording of the event, as well as PDF copies of the resource material provided to attendees, can be accessed at <http://www.chd.ubc.ca/health-professionals/professional-development/workshops-and-conferences/2013-annual-interprofessiona>

*The Department of Occupational Science & Occupational Therapy supports three graduate academic programs.*

- *The Master in Occupational Therapy (MOT) program, for those looking to practice professionally as an Occupational Therapist;*
- *The Master of Science (MSc) and PhD programs in Rehabilitation Sciences, for those interested in research credentials and the science of occupation; and*
- *The online Master of Rehabilitation Science (MRSc) for practitioners interested in obtaining a graduate degree that will advance their career and be obtained while working.*

T325 2211 Wesbrook Mall  
UBC Hospital - Koerner Pavilion  
Vancouver, British Columbia  
V6T 2B5

Phone: 604.822.7392  
Fax: 604.822.7624



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os.ot@ubc.ca

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